

Angela Bymaster

Education

Fellow, American Board of Family Medicine, awarded June 2019
Diplomate, American Board of Family Medicine, awarded Aug 2009
Diplomate, American Board of Addiction Medicine, Feb 2013 - Dec 2018
Stanford / O'Connor Family Medicine Residency, San Jose, CA, June 2009
University of Iowa College of Medicine, Iowa City, Iowa. M.D., May 2006.
George Fox University, Newberg, Oregon. B.S., *summa cum laude*, Chemistry. April 2000.
Minor: Writing/Literature. GPA: 3.983

Affiliations and Honors

- Leadership in Santa Clara County branch of CAFP 2019-present
- Interim Chair, Dept of Family Med, SCVMC 2015
- Vice Chair, Department of Family Medicine, SCVMC 2014-2015
- Commencement Speaker, George Fox University Graduation April 2012

Professional Experience

Medical Architect and Staff Physician, Healing Grove Health Center Nov 2019-present

- Help design new type of faith-based clinic serving a diverse population

Clinical Director, Family Medicine; School Health Clinics of SCC Oct 2015 -- present

- Level III Patient Centered Medical Home
- Outpatient primary care for a mostly Spanish speaking immigrant population in inner-city San Jose
- Colocated with an elementary school promoting collaboration with teachers and administration
- Buprenorphine treatment for addiction and chronic pain
- Continued to lecture and teach Kaiser and O'Connor family medicine residents about community health

Staff Physician, Valley Homeless Healthcare Program August 2009 – Oct 2015

- Outpatient Primary Care Physician, County facility
- Group visits and fully integrated medical home team approach
- Instructor for internal medicine and family medicine residents
- Pediatric Urgent Care
- Buprenorphine Certification
- Addiction Medicine Board Certification
- Created a Procedure Clinic for minor surgeries
- Piloted a multidisciplinary Pain Clinic at Tully clinic
- Co-led suboxone groups for opioid dependent patients along with addiction LCSWs
- Published a study about ACEs in San Jose's homeless population

Resident, O'Connor Family Medicine Residency Program July 2006- June 2009

- Inpatient Medicine, OB/Gyn, Pediatrics
- Outpatient clinic with full scope of Family Medicine patients
- Worked in a sister clinic in Honduras for a month, July 2008

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Presentations and Lectures

- *Quality Assurance and Quality Improvement* (Monthly resident lectures, Jan-June, 2013)
- *Introduction to Addictions and SBIRT* (Lectures for new interns, July and August, 2013)
- *Pharmacotherapy for Alcohol Use Disorders* (VMC Addiction Med Conference, 10/1/13)
- *The Utox – Quirks and Particulars* (Dept. of Medicine meeting, 9/4/13)
- *Polysubstance Dependence: Honest Perspectives from a Former Frequent Flyer and an MD* (Resident Noon Conference, 10/21/13)
- *99213 or 99214? Intro to Outpatient Billing* (Resident lecture, October 2013)
- *Health and Healthcare Disparities* (annually between 2009-2014)
- *Introduction to Poverty* (annually between 2009-2013)
- *Poverty Simulation* (half day experience, annually 2009-2013)
- *Scenarios on Chronic Pain and Addiction* (August 2015)
- *Treatment and Surveillance of Chronic Pain and Opioid Use Disorders* (August 2015)
- *Addiction and psychiatric treatment in patients with co-occurring disorders: a medical perspective* (August 2015)
- *Adverse Childhood Experiences among Santa Clara County's Homeless Population (2015-2019)*
- *Sports Medicine in the Pediatric Patient: An Overview (2017)*
- *SBIRT (2018)*
- *Screens and Kids' Brains (2016-2018)*
- *Sociology of a Low Income Immigrant Neighborhood in San Jose, California, SDOH, and ACEs (2016-2018)*
- *Adverse Childhood Experiences: What a Family Doc Can Do (2018)*
- *Arte De Vida – 5 week series for immigrant teens and their parents (2019)*
- *Working with Patients with Adverse Childhood Experiences in the Clinic, Webinar for CIR (2019)*

Additional Clinical and Academic Work

- In partnership with the Santa Clara County Department of Drug and Alcohol, the Department of Medicine, and Valley Homeless Healthcare Program, I helped start a Multidisciplinary Pain Clinic at one of VMC's outpatient primary care clinics. This clinic helped to reduce opiate prescriptions at that site, encouraged patients suffering with addictions to get into treatment, and helped patients identify healthy ways to cope with their chronic pain.
- I completed a survey-based study of my homeless population, which explored the incidence of Adverse Childhood Experiences, Traumatic Brain Injury, and Posttraumatic Stress Disorder, published in 2017: "A Pediatric Profile of a Homeless Patient in San Jose, California." *J Health Care Poor Underserved*. 2017;28(1):582-595. doi: 10.1353/hpu.2017.0041.
- I am very interested in Global Health, having worked in a medical capacity in Zambia and Honduras, having adopted 3 kids who are Sudanese refugees, and having lived in a low-income Latino immigrant community in San Jose since 2006.